

## LIST OF TRANSFERS

Reported by Columbia County Abstract Company.  
January 2—

Mills Taylor to John Munson et ux; land in Section 14, Township 8 North, Range 4 West... \$ 500.00  
Dow W. Keasey to Rosa W. Keasey; Lot 1, Block 8; Lot 1 Block 7, Veranda... 100.00  
Dow W. Keasey to Rosa W. Keasey; land in Secs. 4 and 10, Township 4 North, Range 4 West... 100.00  
Woodridge Timber Co. to Carl Lilienthal; land in Section 9, Township 7 North, Range 3 West... 1.00  
C. W. Blakesley et ux to Charles W. Thompson; Lot 8, Block 21, Columbia City... 200.00  
Jonas Kangas et ux, by sheriff, to Olli Bankko, land in Section 10, Township 7 North, Range 4 West... 383.65  
Frank Bous to R. E. Lundy, land in Section 4, Township 4 North, Range 1 West... 10.00  
R. A. Crouse et ux to Colen B. Crouse, Perley C. Crouse; land in Crouses Subdivision, Block 22... 1.00

January 3—

Western Timber Co. to Nehalem Timber and Logging Co.; land in Section 2, Township 3 North, Range 3 West and Section 34, Township 5 North, Range 3 West... 10.00  
T. B. Lot et ux to Augustus Wagner et ux; Lot 21, Block 46, St. Helens... 200.00

January 4—

R. E. Bunday to T. F. Robertson; land in Section 4, Township 4 North, Range 1 West... 10.00  
J. E. Doan to Emma Wagner; land in Section 21, Township 7 North, Range 3 West... 1.00

January 6—

Thomas P. Johnston et ux to Andrew Johnson; land in Section 19, Township 8 North, Range 5 West... 10.00  
Oscar O. Anderson et ux to Fred W. Herman; Tract 15 Boulevard Acres... 1.00  
J. E. Champurney to Fred Woodhouse; Lots 1, 2, 3, 4, 5, 6, 7, Block 60, part of Tract 17, Beaver Homes... 10.00

January 7—

Helma Nelson to J. C. Dodson; Lot 4, Block 5 Deer Island... 425.00  
J. C. Dodson to Frank Bunell; Lot 4, Block 5, Deer Island... 400.00  
Columbia Timber Co. to Marguerite Phillips; land in Section 27, Township 6 North, Range 2 West... 1,400.00  
Mary E. Jones to Robert J. Link; south 10.31 acres of Tract 91 Beaver Homes... 1,100.00

Alvin J. Bicknell et ux to J. D. Neilan; land in Section 19, Township 7 North, Range 2 West... 10.00  
L. Rosasco to Archdiocese of Oregon City; Lot 11, Block 113, St. Helens... 200.00

Clara B. Merrill to Grace DeGraff et ux; land in Section 13, Township 3 North, Range 2 West... 3,500.00  
Albert E. Johnson to Earnest Johnson; land in Sections 13 and 24, Township 3 North, Range 2 West... 1.00  
Earnest Johnson to Albert E. Johnson; land in Sections 13 and 24, Township 3 North, Range 2 West... 1.00

Call out and prepare for market all fowls, old and young, which appear weak, slow or dull; fowls with drooping tails, rough plumage or crow-shaped heads; all scrubs except those which have laying points; all hens which moult early; and all males except those strong, vigorous, and of a pure type desired for breeding.

And Still Going

"Vas der news from der front?" asked one Berlin citizen of another.  
"Ach! Der news isst dot der front! Is now vere dere rear vas," replied the second dolefully.

## A Happy New Year

and Thank You for the liberal patronage given us.

## OUR BUSINESS POLICY

for the coming year will be the same as in former years.

Fair Treatment  
Reliable Goods  
Reasonable Prices

Again we thank you

Von A. Gray

The Reliable Jeweler

HELENS, OREGON

## HOW TO NURSE

## A "FLU" CASE

The North Carolina state board of health issued a circular of instructions for home nurses caring for patients with influenza. The parts I quote apply to the nursing of a patient with any acute disease. Note that nothing is said about poultices and a lot of things old style nurses occupied themselves with. The reason is that nurses, like doctors, are taught to meddle as little as possible. They are to keep things clean and sweet, to keep the patient comfortable and happy and let nature take its course.

I quote:  
"(a) The normal pulse rate is 72-80 beats per minute for adults; more rapid for children. Pulse can best be felt on front of arm just above the wrist on the thumb side. (The nurse need not feel disturbed if the pulse remains well below 80)."

"(b) The normal temperature is about 98½ degrees. In taking the temperature place the thermometer under the patient's tongue and have the lips closed. Be sure to shake the thermometer down before using. After using the thermometer should be dipped in an antiseptic solution and then washed in clean, cold water. Never use hot water for this purpose. In children take the temperature by placing thermometer well under the arm. (A 5 per cent solution of carbolic acid is good to keep the thermometer in or to dip it in as a disinfectant. The nurse need not be disturbed if the patient's temperature records 97½ to 98½ on the thermometer). If the patient has temperature of 102 degrees or more put ice cap to head and rub back and limbs occasionally with camphor or witch hazel, keeping the body covered during the process. Bathe face and hands with cold water. If patient gets chilly put hot water bottle or hot brick or iron to feet and limbs.

"(c) Make patient drink freely of water.

"(d) See that bowels do not become constipated. If necessary use enemata, oil or salts.

"(e) Keep patient's teeth and mouth clean.

"(f) As long as fever lasts give only liquid diet—fruit juice, broths, soups and meat juice.

"(g) Have patient spit in paper or old cloths. Keep soiled paper or cloths in a paper bag. Burn these soiled articles.

"(h) Keep patient in bed until there is no longer danger in permitting him to get up. Err on the side of safety.

"(i) Keep the sheets clean and see that there is enough cover for comfort.

"(j) Make a record of everything done and every happening and of every observation that it is thought likely may be of service to the attending physician.

"(k) The sickroom should be sunny and well ventilated. It should be aired several times a day.

"(l) All unnecessary furniture should be removed from the room.

"(m) The room should be kept quiet. (A skillful nurse can give as

## RETURN OF FARM SOLDIERS ASKED

Kansas farmers have petitioned the war department to speed the return of her soldiers to the farms.

At a conference of farm bureau officers and county commissioners recently at Manhattan the committee on reconstruction offered the following resolution: "We respectfully request the secretary of war and the provost marshal general to adopt some such plan as will return the soldiers to the homes they left at the earliest possible date. In Kansas there has been sown wheat this fall of a record acreage, amounting to more than 10,000,000 acres, with a crop prospect, which, if realized, will require an army of workers to harvest next year. The demands of the farm for labor in the early spring for preparation and the planting of the spring crops is also great, and in no other way can the situation so well be met as through the demobilization of our soldiers and sailors in the manner suggested."

## POOR COWS—GOOD EATERS

Oregon Agricultural College, Corvallis, January 11.—Feed cost of poor producing cows in Oregon is but little lower than that of high producing cows. It costs but \$11.86 less to feed the cows on test which produced 300 pounds of fat than those which produced 420 pounds. The cost for cows yielding 200 pounds of fat was only \$6.78 less than for those yielding 300 pounds. Hence the difference in the total feed cost between cows producing 200 pounds and 400 pounds of fat was \$18.64. Yet the value of their product, which cost but little less than the product of the good producers, was worth only about half as much. The entire difference in cost of feed for cows producing 100 pounds and 400 pounds of fat was \$30.09.

Mites and lice frequently sap the vitality of the fowl and prevent growth or lessen the egg production. A thorough cleaning of the house, regular applications of disinfectants to the roosts and nests, and a frequent dusting of the fowls will control these pests.

much relief by the proper use of pillows as can an unskilled nurse with sedatives."

The following precautions were advised for nursing influenza patients. They apply to the nursing of other forms of contagion as well:

"(a) The nurse should wear a face mask when waiting on the patient. The mask should consist of four thicknesses of fine mesh gauze and it should cover the mouth and nose. The mask should be sterilized by boiling daily.

"(b) The hands should be washed each time after touching patient or bedclothes. It is safer to dip hands in 1000 or 2000 bichloride solution.

"(c) Nurse must not touch her soiled hands to her mouth or nose."

## BANK STATEMENT

Charter No. 11200 Reserve District No. 12  
Report of the Condition of  
**THE FIRST NATIONAL BANK**  
at St. Helens, in the State of Oregon, at the close of business on December, 31st, 1918.

RESOURCES			
1. a. Loans and discounts, including rediscounts, (except those shown in b and c)		\$ 39,932.58	
2. Overdrafts, secured, \$ none; unsecured, \$6.42		6.42	
3. U. S. Bonds (other than Liberty Bonds, but including U. S. certificates of indebtedness):			
a. U. S. bonds deposited to secure circulation (par value)	\$25,000.00		
f. U. S. bonds and certificates of indebtedness owned and unpledged	3,000.00	28,000.00	
6. Liberty Loan Bonds:			
e. Payments actually made on Liberty 4½ per cent bonds of the Fourth Liberty Loan owned	500.00	500.00	
7. Bonds, securities, etc. (other than U. S.):			
b. Bonds (other than U. S. bonds) pledged to secure postal savings deposits	9,500.00		
e. Securities other than U. S. bonds (not including stocks) owned unpledged	4,649.43	14,149.43	
10. a. Value of banking house, owned and unincumbered	4,164.16		
b. Equity in banking house		4,164.16	
11. Furniture and fixtures		3,089.99	
13. Lawful reserve with Federal Reserve Bank...		4,190.96	
15. Cash in vault and net amounts due from national banks		14,872.76	
16. Net amounts due from banks, bankers, and trust companies other than included in items 13, 14 or 15		300.00	
20. Redemption fund with U. S. Treasurer and due from U. S. Treasurer		12,500.00	
21. Interest earned but not collected—approximate—on Notes and Bills Receivable not past due		563.37	
23. Other assets, if any—Due on 4th War Loan subscriptions		501.11	
Total		\$112,370.78	

LIABILITIES			
24. Capital stock paid in		25,000.00	
26. a. Undivided profits	3,572.08		
b. Less current expenses, interest, and taxes paid	3,111.26	460.82	
30. Circulating notes outstanding		25,000.00	
32. Net amount due to National banks		10.55	
Demand deposits (other than bank deposits) subject to Reserve (deposits payable within 30 days):			
34. Individual deposits subject to check		47,994.85	
36. Certified checks		50.27	
38. State, county or other municipal deposits secured by pledge of assets of this bank		7,817.29	
Total of demand deposits (other than bank deposits) subject to Reserve, items 34, 35, 36, 37, 38, 39, 40 and 41		55,862.41	
Time deposits subject to Reserve (payable after 30 days, or subject to 30 days or more notice, and postal savings):			
42. Certificates of deposit (other than for money borrowed)		2,758.63	
44. Postal savings deposits		2,715.00	
Total of time deposits subject to Reserve, items 42, 43, 44 and 45		5,473.63	
56. Liabilities other than those above stated—accrued interest to offset item 21 (not collected)		563.37	
Total		\$112,370.78	

State of Oregon, County of Columbia—ss:  
I, H. A. Childs, Cashier of the above-named bank do solemnly swear that the above statement is true to the best of my knowledge and belief.  
H. A. Childs, Cashier.

CORRECT—

Attest:  
SHERMAN MILES,  
A. S. HARRISON,  
CHARLES GRAHAM,  
Directors.

Subscribed and sworn to before me this 8th day of January, 1919.

(SEAL)  
My commission expires March 29, 1920.

A. L. STONE,

Notary Public.

## The Toggery

Phone 68



St. Helens

## "DICK FOR DUDS"

## January Specials

See Windows for Wonderful Offerings

## IF YOU VALUE MONEY

YOU Can't afford to miss this chance. It will be a money saving event for every man in Columbia County. To reduce our stock heavy sacrifices are necessary. This is the time to secure a suit of wool underwear, Work Shirt or Union Suit at less than its real value.

—6 Dozen only High Grade ROCK-WOOD Men's Wool Shirts and Drawers. Heavy. All sizes. Worth \$3.50. Our price... **\$1.75**

—Part Wool, Men's Heavy Unionsuits All sizes, worth \$3.50 Only... **\$2.75**

—3 dozen Men's Medium Weight Cotton Unionsuits. Sizes 42-44. Worth \$2.25. Now... **\$1.50**

—Wool Flannel Shirts in blue, khaki and gray, ... \$1.75, \$2.50, \$3.50, \$4.50 Exceptional Value

Men's Work or Outing Shirts of Twilled and Domet Flannel, All Sizes, Worth **\$1.75, only**

**\$1.25**

—24 Oregon Cashmere All-Wool 3-piece Suits for men... **\$15.00**

Khaki Loggers Shirts, all sizes. Special at... **\$8.50**

Wool Bundle Sox, 10 dozen only, 65c quality, for 45c

## Mackinaws and Overcoats

Quality Goods at Less Momey

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